

Patient Group Statement - March 2015

This Action Plan has been adopted by the Patient Group for the year 1st April 2015 to 31 March 2016

To continue to work with Forest Health Group in promoting a good and safe service to all patients. To make suggestions and recommendations as appropriate and continue to act as a 'critical friend'. To support Forest Health Group as and when required through correspondence, and assisting with Annual Flu Clinics and other opportunities that might arise.

We will promote self-care and self-management courses with special attention given to those with long-term conditions.

Our programme for the year will include:

Educational events are a vital contribution to the health of our patients and future events are already being planning. These are: **Arthritis** (9th July 2015) and **COPD** (likely date September/October 2015). These will be open to all patients in the Bracknell and Ascot Clinical Commissioning Group. We will continue to invite at least one other Patient Group to help organise and run these events.

These Information events have proved very popular and patients have appreciated the help, support and advice that is given at these sessions. These do not preclude our running other events purely for Forest Health Group patients.

Young people and men

A young male member of our Patient Group will prepare relevant information relating to these 'hard to reach' patients. This will be an on-going project.

To actively provide information, especially for young and vulnerable people, regarding 'legal highs' and the dangers that exist for users. This will be a priority project.

Patient Group

We will continue to seek more members of all ages and conditions. Some of the Patient Group's work will be carried out in selected sub-groups, and we aim to add to the virtual group for consultation and surveys.

Newsletters and social media

We will continue to provide information for Newsletters in conjunction with Forest Health Group. We will actively attempt to 'recruit' a suitable volunteer to update the website and help promote Forest Health Group and Patient Group through social media.

ACTION PROGRAMME:

Future Events

Identify dates for Arthritis (July) and COPD (September/October) event evenings. Then book Easthampstead Baptist Church.

As Binfield has worked together with us on the Diabetes evenings, we should invite them first if they wish to continue. If not, seek another partner

Do we need a 'local services' leaflet for Clement House and other housing schemes?

Young people and men

Tom to write appropriate article. Hopefully this will target and encourage these 'hard to reach' groups to participate in self management etc.

To actively provide information, especially to young and vulnerable people, regarding 'legal highs' and the dangers that exist for users.

Continued co-operation with Forest Health Group

To continue to work with and provide information and recommendations to Forest Health Group to enable that the best possible care is available to patients.

Premises

To continue to monitor and seek improvements whenever possible.