



FOREST HEALTH GROUP - PATIENT GROUP

Minutes of the meeting held Monday 21st January 2019

Present:

Isabel, Laura, Ray, Barbara, Jean, Gill, Dr Jeremy Mellins

Apologies: Tania, Mel

Chair: Isabel

	Action
1. Welcome	
All welcomed by Isabel	
2. Minutes of the last meeting 21st January 2019 were agreed.	
3. Matters arising from those minutes remain	
Community Walk information to be included in the next newsletter. Are there any lunch time walks?	Laura
4. Update 'IDENTIFYING Childhood Illness' Event - Monday 18th March 2019	
Special thanks were passed to all those who helped out on the day for this event. It appeared to go well.	
It was suggested that more of these events should be done i.e. Self Help but it does depend on people's availability.	
Despite schools being contacted they didn't appear to let people know the event was on.	
5. Event - Mental Health (July 2019)?	
There is a Mental Health forum being held on 25th March.	
It was suggested that a 'gathering' or 'fair' aimed a youngsters might be a good place to start.	
How to spot anxiety and depression first and foremost. Recognising the signs.	
Maybe a simple questionnaire?	

There are already mental health forums for carers and the cared for.	
Suggestions of Anxiety and Depression could be discussed. What information is available, websites, leaflets, organisations etc., it could be run like a 'fair' inviting different groups to participate and offer information. It would be a lot of work to arrange however it is likely to be aimed more at the people who have worries of others and this would help to guide them to where help can be found, which could be very worthwhile.	
Local MIND to be contacted. Contact number is 07833 463885.	Isabel
Speak with Involve	Isabel
6. Pharmacist	
The new Pharmacist is already taking work from doctors thereby freeing them up for other patients. He's just waiting on final exam results and then he can take on more.	
We are able to have a pharmacist because we are now a big enough practice for Berkshire Primary Care who employ him, to allocate him to us.	
7. Audit - due soon	
More information to be forthcoming	
8. Dermatology	
Only a diplomaed doctor in this field is allowed to work. That person should be with us soon.	
9. Paramedic	
Bigger practices are in a better position to afford a paramedic, we hope to employ one this year.	
10. Patient Assembly	
Ray attended the last meeting and reported that it appears to be better communicated and organised.	
11. Items for next Agenda	
MIND	Isabel
It was suggested that we have a Spring and Autumn newsletter only. It would appear that the newsletter does not go to all emails available. Ray to speak with Matt on this subject.	Ray
Jean however suggested that people should be asked first if they'd like to opt in or out of the newsletter.	
Adult Health Screening - new link available	Ray

12. AOB

The Sharps issue is still not resolved. Isabel had raised Sharps at an Adult Services Meeting in February with a representative from the CCG. She promised to discuss and respond. (post meeting note) A response had been received and they are willing to hold discussions with BFC.

Dr Mellins suggested that whoever is contracted to carry out pick up of the Sharps bins should be asked what is their contract and are they adhering to it? They may be some contractual leverage here.

Date of next meeting

Monday 13th May at the Sainsbury site

gj